



# Inanna House: Synopsis

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Inanna House was formed as a California public benefit corporation on December 19, 2011 for exclusively charitable purposes to be an in patient, holistic healing retreat and treatment and resource center for people suffering from the debilitating effects of Chronic Lyme Disease (CLD) and other tick-borne diseases. On November 6, 2013, Inanna House was granted 501 (c) (3) nonprofit status by the federal government.

Mara Williams, a nurse practitioner working in integrative medicine, founded the organization after watching her daughter Amanda's painful and debilitating struggle with CLD. As Williams witnessed the inability of hospitals and the current healthcare system to help her child, she discovered a large community of people from all walks of life struggling with CLD who had similar negative and dehumanizing experiences in seeking treatment from traditional medicine.

The vision of Inanna House is to create a new paradigm of healing for those suffering from the effects of CLD. This encompasses treating the whole person – including physical, emotional, spiritual, mental and energetic aspects. The organization is currently seeking to raise sufficient funds to build a pilot in-patient retreat center in Northern California. Personalized treatment plans will be developed. Payment for treatment will be based on a sliding-scale structure, as costs can be prohibitive for many patients.

Inanna House will utilize multiple therapies such as IV vitamins and antibiotics, diet and nutritional counseling, hormone balancing, herbal remedies, body work, detoxification and psychological counseling. The average length of each patient's stay will be between one and six weeks while they receive treatment. The immediate goal is to raise funds to complete the pilot center by the end of 2015, and to be in a position to raise additional funds for a second center.

Inanna House will operate in a highly sustainable manner. An organic garden and kitchen, chemical-free pool and hot tubs, EMF free rooms and a yoga and meditation room will be incorporated into each center. To assist with fundraising efforts, donors will have the opportunity to be acknowledged with naming rights to a conference library, treatment room or wing of the property.

In addition to treatment, Inanna House intends to become a learning and resource center for the CLD community – for providers, patients and their families. Through [InannaHouse.org](http://InannaHouse.org), an email newsletter and educational programs such as seminars, webinars and conferences, it will expand awareness of CLD issues and alternative therapies. Providers interested in learning about integrative therapies and CLD will be welcomed to observe treatment approaches offered at Inanna House and become a part of its educational network. Inanna House will also have a residency program for providers who wish to become Lyme literate. Additionally, the organization expects to collect data for informing its own best practices, and to publish research in appropriate journals and on its website.

The pilot center in Northern California will be the first of several Inanna House programs around the world, as there is tremendous need in the United States and beyond for this type of approach to integrative, supportive therapy for CLD. The Board of Directors currently plans to build a second center on the East Coast of the US.

The total amount of funds needed for the first center is \$30 million, with \$20 million fully dedicated to an endowment and \$10 million dedicated to the purchase of land and to build the property.

## ABOUT MARA WILLIAMS



Mara Williams is one of America's leading experts on tick-borne diseases, specifically Lyme disease. A health care provider for over 30 years, Ms. Williams is a Board certified nurse practitioner and energetic healer, a sought-after speaker and author of "Nature's Dirty Needle."

Ms. Williams is the founder of Inanna House, a holistic healing center specializing in the treatment for, and rehabilitation of, tick-borne diseases. She holds a Master's in Science and Nursing from the University of California San Francisco (UCSF). In addition to being a health care provider, Ms. Williams has personal experience with tick-borne disease, including the care of her daughter who has presently been struggling with Chronic Lyme Disease (CLD)

for over 20 years.

## INANNA HOUSE: IN BRIEF



*Inanna House will be a comprehensive, whole-health center providing diagnosis, healing, treatment and resources for those living with chronic Lyme and other tick-borne diseases.*

The mission of the organization is to develop a supportive and safe place for those with CLD to receive treatment while integrating the best of all health modalities to achieve optimum results, including a body, mind, and spirit connection and reintegration.

## CONTACT INFORMATION

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